

Flag Football Quick Reference

| Fort Collins | Coin Toss | Blocking | Punt | Timing | Timeouts | No Run Zone | Fumbles | Kickoff |
|---------------------|-----------|--------------------|-----------|----------|------------|-------------|---------|---------|
| k/1 | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | Yes | No | No |
| 2nd/3rd | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | Yes | No | No |
| 4th/5th | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | Yes | No | No |
| 6th-8th | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | Yes | No | No |

| Loveland | Coin Toss | Blocking | Punt | Timing | Timeouts | No Run Zone | Fumbles | Kickoff |
|-----------------|-----------|--------------------|------------|----------|------------|-------------|---------|---------|
| 1st/2nd | Yes | Screen/low contact | 20 yd line | 4-10 min | 2 per half | n/a | No | No |
| 3rd/4th | yes | Screen/low contact | Yes | 4-10 min | 2 per half | n/a | No | Yes |
| 5th/6th | yes | Screen/low contact | Yes | 4-10 min | 2 per half | n/a | No | Yes |

| Berthoud | Coin Toss | Blocking | Punt | Timing | Timeouts | No Run Zone | Fumbles | Kickoff |
|-----------------|-----------|----------|------|----------|------------|-------------|---------|---------|
| 8u | Yes | n/a | n/a | 2-20 min | 1 per half | n/a | No | No |
| 11u | Yes | n/a | n/a | 2-20 min | 1 per half | n/a | No | No |

| TRPR | Coin Toss | Blocking | Punt | Timing | Timeouts | No Run Zone | Fumbles | Kickoff |
|-------------|-----------|----------|------|----------|------------|-------------|---------|---------|
| 8u | Yes | n/a | n/a | 2-20 min | 1 per half | n/a | No | No |
| 11u | Yes | n/a | n/a | 2-20 min | 1 per half | n/a | No | No |

| Wellington | Coin Toss | Blocking | Punt | Timing | Timeouts | No Run Zone | Fumbles | Kickoff |
|-------------------|-----------|--------------------|------|----------|------------|-------------|---------|---------|
| 8u | Yes | Shadow, no contact | n/a | 2-25 min | 2 per half | n/a | No | no |
| 12u | Yes | Shadow, no contact | n/a | 2-25 min | 2 per half | n/a | No | no |

| Windsor | Coin Toss | Blocking | Punt | Timing | Timeouts | No Run Zone | Fumbles | Kickoff |
|----------------|-----------|--------------------|-----------|----------|------------|-------------|---------|---------|
| K/1 | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | Yes | No | No |
| 2nd/3rd | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | Yes | No | No |
| 4th/5th | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | Yes | No | No |
| 6th | Yes | Shadow, no contact | 5 yd line | 2-18 min | 2 per half | YES | No | No |