

PSD Middle School Volleyball

Article 1 Operating Structure

- 1.1 Eligible Grades: Each member school may form teams composed of 7th and 8th grade students.
- 1.2 Roster Size: Each school may carry up to 38 players in the program. It is recommended Varsity and JV carry rosters of 9 players, and C-Teams carry rosters of 10 players each.
- 1.3 Levels: Varsity, JV, C1, C2. The purpose of the season is for players to develop throughout the year; wherein, rosters may fluctuate based on player growth during the season.
- 1.4 Divisions: n/a
- 1.5 Scheduling: The district athletic office will create a schedule consisting of one complete round. Each school will play every member school once during the season. Each team will also compete in two post-season box bracketed games. On an annual basis, teams will be seeded accordingly based on previous year finish. In addition to a complete round, one scrimmage will be scheduled by the district athletic office prior to the first game.

Article 2 Event Administration

- 2.1 Competition Day Locations: Varsity and JV at one site; C1 and C2 at opposite site
- 2.2 Start Times: 3:30pm (Timnath and Wellington at 4:15pm)
- 2.3 Warm-up Time: 10 minutes (visitors take the court first 4 minutes, then the home team next 4 minutes, final 2 minutes shared)
- 2.4 Contest Length: Varsity/JV - 2 out of 3 sets to 25 points, 3rd set to 15 points, win by 2 points in all sets. C1 and C2 - 2 sets to 25 points, cap of 25, 3rd set not played.
- 2.5 Time between contests: 10 minutes - clock begins immediately following the prior game.
- 2.5 Overtime Rules: Varsity/JV - 3rd set, win by 2 points.
- 2.7 Mercy Rule: N/A
- 2.8 Event Staff: Clock (1), Score Keeper (1), Supervisor (1)

Article 3 Additional Sport Specific Considerations

- 3.1 2 timeouts per game
- 3.2 18 substitutions per game
- 3.3 Libero is allowed per NFHS rules and will wear a specified jersey.
- 3.4 Coaches will roster up to 18 players in the scorebook for both Varsity and JV, with the expectation to play approximately 9 athletes in each contest. The coach can swing a player up or down between contests to accommodate injuries and/or lack of playing time in the varsity contest.
- 3.5 Teams will rotate benches after each set and begin play immediately. If a third set is needed, a coin toss will be conducted by the officials. The JV match will begin on the original benches after the Varsity game.

Article 4 Championship/Playoffs

- 4.1 Postseason Seeding will be based on regular season results.
- 4.2 Championship format will seed teams into Gold and Silver brackets and JV teams will compete after the Varsity match only in the first round. First round matches will be held at the higher seed team. Second round matches of the Gold bracket will be held at a neutral site and Silver bracket matches will be played at the higher seed (no JV matches). Medals will be awarded to 1st and 2nd place team members. Team trophy will be awarded to the championship team.