



**LOVELAND ADULT ATHLETICS
2017 FALL
WOMEN'S & COED VOLLEYBALL
LEAGUE RULES**



**Program Coordinator: -----Allan Coseo----- (970) 962-2444
Administrative Specialist-----Ashlee Leech ---- (970) 962-2445**

LEAGUE RULES –

All leagues are governed by USA VOLLEYBALL rules with the following additions/exceptions

USAV Net contact rule: In essence, contact with the net is not a fault unless it interferes with play. "Interferes with play" is specifically defined as contacting the top band of the net; taking support from the net while playing the ball; creating an advantage over the opponent; or making actions which hinder the opponent's opportunity to play the ball. That means there will be fewer net calls this year.

- A. **EXCESSIVE BLEEDING POLICY/BLOOD PATHOGENS** - Any participant who is bleeding, has an open wound, or has an excessive amount of blood on his/her uniform must leave the game or event. The participant may not return until either the bleeding has stopped, the wound has been covered and bandaged and/or the uniform has been changed.
- B. **SERVICE AREA** - The service area is extended to include the full width of the 9-meter area.
- C. **BALL CONTACT** - The ball may touch any part of the body. If a player makes a kick action at the ball and in the judgement of the official created an unsafe situation for the players on the court, a fault will be called and the player warned. **EFFECT:** If a player kicks the ball and creates a 2nd unsafe situation after having been warned once, that player will be removed from the match and subject to disciplinary action according to the Adult Athletic Code of Conduct.
- D. **TO WIN A GAME** - All three games will count towards standings and will be played utilizing rally scoring to 25 points. The cap is 27 points; you do not need to win by 2 points. If we find that the first two games are consistently lasting over 40 minutes we reserve the right to shorten the last game to 21 points with a cap of 23 points
- E. **START TIMES / FORFEIT TIMES** –Game time is forfeit time for the first game 15 minutes after scheduled match time the remainder of the match is forfeited
- F. **STARTING AND FINISHING A GAME** - A team may start or finish a game with any number of players. If a team has less than 6 players and during the course of the game, other teammates arrive, these players may play in the game in progress but a player cannot enter the game during a live ball. However the player or players do not have to wait until the start of the next game. The Official will designate the position where player enters.
- G. **ROTATION/SUBSTITUTION** - Players may rotate into the line-up on a regular basis; otherwise, regular substitution rules will govern play.
- H. **Coed Only - Line-up** must alternate gender in line-up but you **MAY HAVE** more women than men on the court, but are **NOT ALLOWED** to have more men than women on the court during the game.
- I. **UNIFORMS** - The uniform should consist of matching shirts with at least four (4) inch numbers front and/or back, and non-marking tennis shoes..
- J. **NET SERVES – (ALL LEAGUES: A BALL THAT HITS THE NET ON THE SERVE AND GOES OVER THE NET IS PLAYABLE.**

- K. **ANY BALL CONTACTING** the ceiling, lights or overhanging baskets on your side of the court after your first or second contact will be playable. If a ball contacts the west baskets, the official will determine if there will be a replay, or point
- L. **1. SPIKING (above the net) or BLOCKING THE SERVE IS NOT ALLOWED**
2. Setting THE SERVE IS ALLOWED
- M. **PROOF OF IDENTIFICATION** - Players must show proof of identification (participation receipt or drivers license) at the request of the official or gym supervisor.
- N. **CODE OF CONDUCT** - All play is governed by the Adult Athletics Code of Conduct. It is the teams and/or individual player's responsibility to procure a copy so that they may be aware of the rules. Please stop by the office to obtain a copy.
- O. **SUSPENSIONS** – Players suspended from league play will be suspended in accordance to the Adult Athletic Code of Conduct.
- P. **ILLEGAL PLAYER** - In accordance with the City of Loveland Parks and Recreation Department Adult Athletics league policies and Coed of Conduct, illegal players may not be used in any program. The opposing team may protest doing so.
An Illegal Player is:
- a. **A player in the game that is not on the official team roster.**
 - b. **A player that is playing in the game and is assuming the name of a player who is on the official team roster.**
 - c. **A player playing on two teams in the same program (i.e. –, two teams in the same women's league, two teams in same coed league, etc.)**
- The effect of using an illegal player.*
If the opposing team announces their intent to protest the illegal player, that player must produce a picture ID. If the player cannot produce a picture ID, the official will continue play with the game under protest. At the conclusion of the game the player has the option to return to the supervisor at the field that night or come in the Parks and Recreation office the next day to verify their identity. If the illegal player is confirmed to be illegal, the game will be forfeited and the illegal player will be suspended for a minimum of two games. If the protest for an illegal player is made known at the conclusion of the game, the final score of the game will stand, however the facility supervisor will make every effort to properly identify the person in question. If the player is found to be illegal, the player will be suspended from further play for a minimum of two games. In addition, the coach may be suspended from further play in accordance to the Adult Athletic Code of Conduct.
- Q. **PLASTER CAST** - Individuals with plaster casts or other injury healing devices are not allowed to participate in any games sponsored, hosted or operated by the City of Loveland Adult Athletics. **Knee braces may be worn.**
- R. **FLIP OF A COIN** will determine 1st game and 3rd game service of the match. When a team reaches thirteen (13) points, teams will be directed to change playing areas in the third game. In a game played to 21 teams will change sides when a team reaches 11 points.
- S. **ELIGIBILITY AGE** - the eligibility age to participate in the Adult Athletic program is *16 years old* at the time of participation.
- T. **JEWELRY** – All exposed jewelry or items judged to be hazardous or potentially dangerous by the official, i.e.: Hats may **not** be worn. If the dangerous item cannot be removed, it may be taped, however the taping must meet the approval of the official.
- U. **ALCOHOL/TOBACCO** - At no time is alcohol and tobacco allowed in any event held in a school. This includes the schoolyard. Please keep in mind that if cigarette butts are left on the playground by the door of the school our children will have access to them.
- V. **PROFANITY AND TAUNTING** — Effect: The player may be ejected from the game and subject to further disciplinary action in accordance to the Adult Athletic Code of Conduct.
- W. **FIRST AID ITEMS** - Adult Athletics will supply basic 1st aid supplies